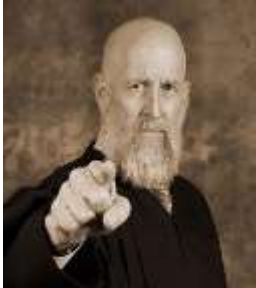


INTERESTS AND HOBBIES  
STRENGTH IN THE WORK PLACE?



TUESDAY, FEBRUARY 28, 2023 12:15 – 1:15 P.M.



The Honorable Mark S. Blechman is the Associate Administrative Circuit Judge in Orange County in the Criminal Division. When off the bench Judge Blechman enjoys triathlons and Iron Man Triathlons. He also enjoys martial arts and mountain climbing.



The Honorable Danielle Brewer is a Circuit Court Judge in Sarasota and DeSoto counties where she handles civil and case management court, respectively. When off the bench Judge Brewer enjoys farming and spending time in her community.



The Honorable Carlos Gamez is a County Judge at the Eleventh Judicial Circuit, where he currently serves the Domestic Violence Division. When off the bench Judge Gamez enjoys baseball, chess and performing with his band where he sings and plays saxophone



The Honorable Barbara Leach is a Circuit Court Judge in Orlando where she currently serves one of three Domestic Violence Divisions. When off the bench Judge Leach enjoys baking and talking about legal technology.



The Honorable Alberto Ribas, Jr. is a Broward County Circuit Judge where he currently serves in the dependency division. When not on the bench Judge Ribas is a duathlete.

This is a  
*Well Talks Presentation*  
sponsored by the  
*Florida Judicial Wellness Program*

[www.fjwp.org](http://www.fjwp.org)

Topic: **Interests, Outlets, and Hobbies When We're Off the Bench.**

**Presenters:** Judge Blechman, Judge Brewer, Judge Gamez, Judge Leach and Judge Ribas

Practicing wellness doesn't have to look the same for everyone. Join us for a discussion about unique interests, outlets and hobbies used by judges to insert wellness and to achieve a sensible work-life balance. Some of our colleagues rock it out, mountain climb, compete in triathlons, bake and farm. Tune in to hear how they relax, destress and reconnect in ways you may want to add to your wellness toolbox.

**Register in advance for this meeting:**

[https://us06web.zoom.us/meeting/register/tZUoc  
u6orTwiG9abJNy0OSJYhypUR2ciUPYx](https://us06web.zoom.us/j/84411111111)

After registering, you will receive a confirmation email containing information about joining the meeting.



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